

(Ages 10 and under) (Dine-in only)

Features 2 servings of fruits and vegetables!

Includes Choice of Entree and 1 Side, served with Cinnamon Oranges

Entrees (Pick One)

\$8.95

Chicken Teriyaki Bento

Grilled chicken served with brown rice, carrots, cucumbers, sweet red bell peppers and teriyaki sauce



Chicken Satay Bento

Marinated and grilled chicken skewers served with brown rice and peanut sauce

Steamed Dumplings

Steamed vegetable dumplings brushed with tangy soy sauce



Sides

(Pick One)



Edamame

Steamed soybeans

Seaweed Salad

Vegetables

Steamed broccoli, carrots, snap peas

Meet the
**kids teaching
kids chefs** on
the flipside!

Disclaimer:

Individual items and meals provided by Asian Mint were reviewed by a Registered Dietitian using Nutribase software. The accuracy of the information is an approximation and may vary due to several factors including, but not limited to change in ingredients and product information. Medical City Children's Hospital is not responsible for such variations, or the quality or content of the meals served."

kids-teaching-kids.com | MedicalCityChildren's.com | asianmint.com



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FIND
10
DIFFERENCES



COLOR ME



Meet the chefs!

Medical City Children's Hospital and Asian Mint have teamed up to build a Kids Fit Menu!® using recipe creations from culinary students. To learn more, go to www.kids-teaching-kids.com.

Entrees and Side

Bento - Kayla Baker, Chanelle Jacobson, Monika Pitka from Allen HS

Cinnamon Oranges - JonLuke Santillana, Kris Krittts from Newman Smith HS

FREE!

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1. Go to www.kids-teaching-kids.com/gift
2. Complete online form
3. Your gift will be mailed to you!