

Kids Fit MENU!

For Kids 12 & Under

Featuring 2 servings of fruits and veggies! Includes Kids Fit Fruity Water beverage

Feature Meals

\$5.50

Taco Pizza*

Corn tostada topped with charro bean paste, taco meat, cheese, tomatoes. Served with fresh, steamed veggies and Fruit Sundae dessert -strawberries and pineapple drizzled with your choice of chocolate, caramel, or raspberry syrup.

Rollie Pollie Quesadilla*

Rolled flour tortilla stuffed with squash, shredded chicken, melted cheese. Served with steamed broccoli & mild ranchero dipping sauce. For dessert, Snic-Snac-Toe – play tic-tac-toe with sliced jicama strips on a bed of honey syrup served with blueberries and strawberries as your game pieces.

Squishy Squash Chunky Chicken Mac n' Cheese*

Mac n' Queso with shredded squash & chunks of chicken. Served with a side of steamed veggies and Berry Salsa with Sugary Cinna-chips for dessert.

*kids teaching kids recipes

Build Your Own Meal!

\$5.50

Entrees (Pick One)

Jumbo Chicken Nugget Taco*

A GIANT soft taco filled with homemade chicken nuggets, lettuce, tomatoes, and cheese.

Not-cho Normal Nachos*

Build your own nachos! Comes with chicken, beef, queso, charro beans, lettuce, tomatoes, green onions & chips.

Grilled Chicken Strips

Sides (Pick One)

Broccoli Cheese Fries*

A yummy mix of broccoli and grilled fries topped with queso!

Taco Fiesta Bowl *

A fun take on traditional coleslaw with our sour cream sauce and taco meat

Charro Beans

Broccoli
steamed on the grill

Dessert (Pick One)

Fruit Sundae *

Strawberries and pineapple drizzled with your choice of chocolate, caramel, or raspberry syrup

Snic-Snac-Toe*

Play tic-tac-toe with sliced jicama strips on a bed of honey syrup served with blueberries and strawberries as your game pieces.

Berry Salsa and Sugary Cinna-Chips*

Cinnamon sugar chips served with a delicious strawberry and blueberry salsa!



Texas ProStart students Evan Scott and Madison Alexander
2018 Rockwall High School Graduates

Fruity Water

Ice water with fruit floated in your glass. Create your own combination!

- Lemon Lime Orange Cherry



Kids Menu

Kids Menu prices for ages 12 and under

Please choose one from each group

\$5.95

Entrees

- Taco
- Burrito
- Enchilada
- Quesadilla
- Nuggets
- Grilled Cheese
- Burger
- Grilled Chicken
- Mac N' Queso

Sides

- Rice/Beans
- Fruit Cup
- Fries
- Broccoli & Queso
- Celery, Carrots & Ranch

Drinks *No Refills

- Coke
- Sprite
- Milk*
- Orange Juice*
- Apple Juice*

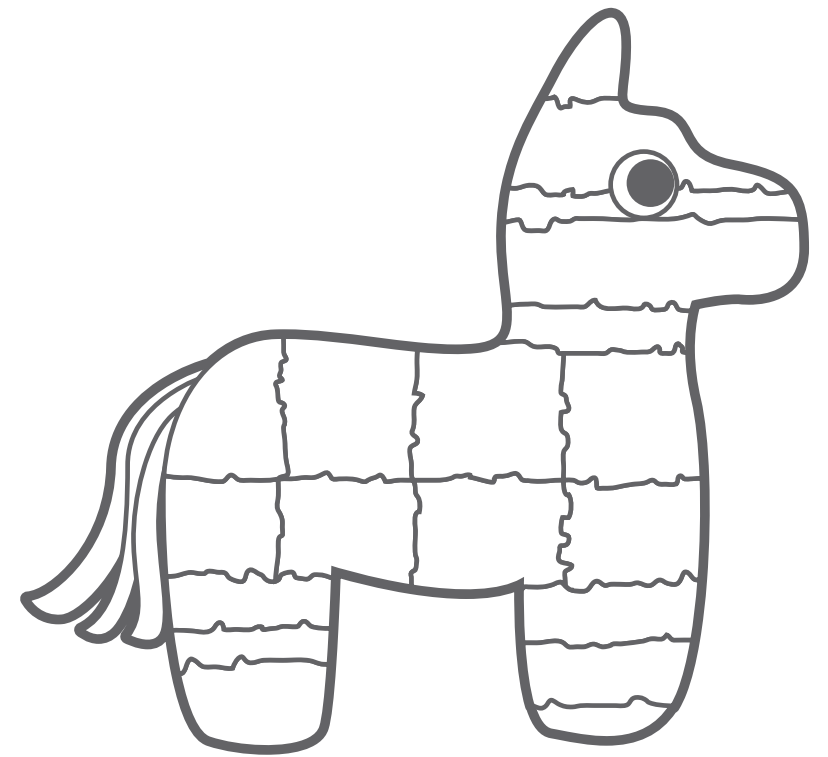
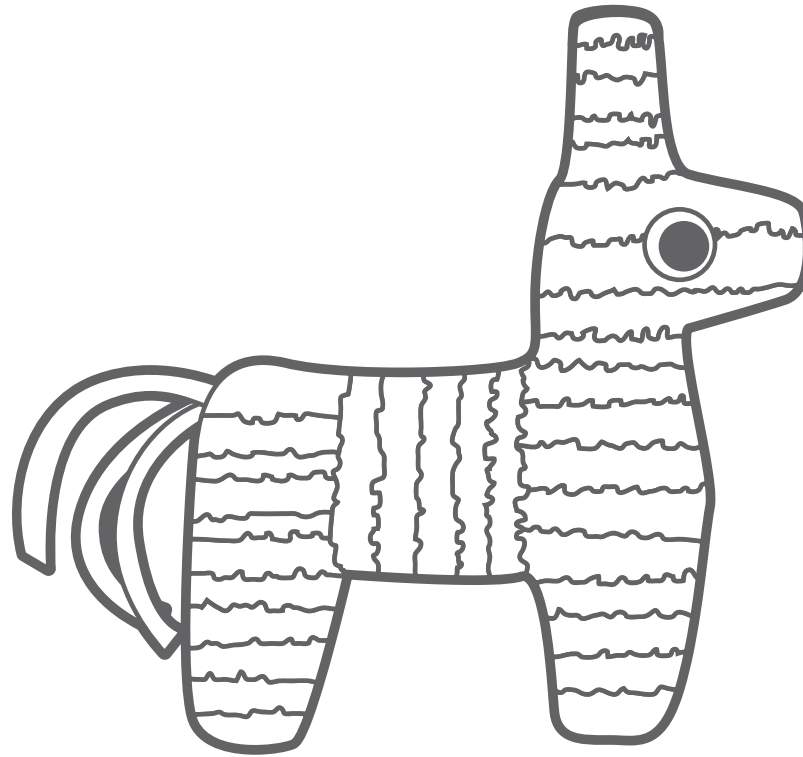
Desserts

- Mini Sopapilla
- Vanilla Ice Cream
- Jello

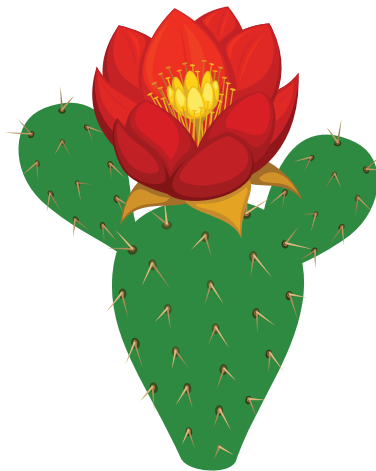
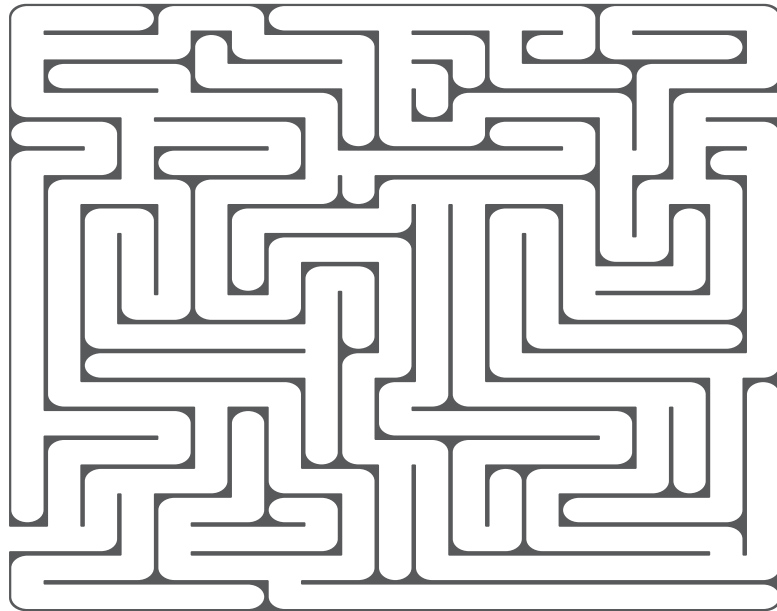
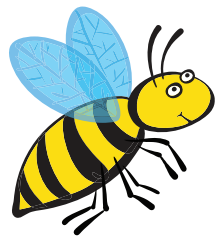
Floats

- Coke Float
- Root Beer Float
Add \$1.00

**Color the
Piñatas with your
favorite colors!**



**Find
your
way
to the
flower!**



Meet the chefs!

Medical City Children's Hospital and Matt's Tex Mex have teamed up to build a Kids Fit Menu using recipe creations from Texas ProStart high school students and graduates. To learn more, go to kids-teaching-kids.com.

Feature Meals

Taco Pizza

-Garret Cohron, Elvia Martinez, Lyric Boyea, Brittney Hathcoat, Brenda Gallegos, Errol Russell from **Wylie High School**

Rollie Pollie Quesadilla

Squishy Squash Chunky Chicken Mac n' Cheese

-Teagan C., Brenda O. and Madi C. from **Frisco Career and Technical Education Center, Frisco ISD**

Jumbo Chicken Nugget Taco

Broccoli Cheese Fries

Fruit Sundae

-Evan Scott and Madison Alexander **2018 Rockwall High School Graduates**

Not-cho Normal Nachos

Taco Fiesta Bowl

Berry Salsa and Sugary Cinna-Chips

Snic-Snac-Toe

-Collaboration between **Wylie High School** students and **2018 Rockwall High School Graduates**

FREE!

Get a **FREE** Medical City Children's Hospital gift!

1. Go to www.kids-teaching-kids.com/gift
2. Complete online form
3. Your gift will be mailed to you!