\$6 KIDS MEALS

CREATE YOUR OWN BOWL MIGHTY MACARONI & CHEESE

Get creative and build your own meal!

Cheesy Kraft[™] macaroni and cheese. (430 cal.)

Medical City

Medical City Children's Hospital and Genghis Grill have teamed up to build a Kids Fit Menu![®], featuring nutritionally sound creations from Texas ProStart[®] Culinary Students! Order from your server, and we will bring it to you!

Kids Fit Menul



FAVORITA FAJITA BOWL EAST MEETS WEST

Tasty steak with green bell peppers, cabbage, potatoes, corn and cilantro with just the right amount of lemon pepper and our Kid-Approved Roasted Garlic Sauce. Served with steamed white rice. (420 cal.)

Created by Brewer High School students Rebecca Lares & Seth Caldwell

OPEN SESAME BOWL YOUR GATEWAY TO GENGHIS

Premium Sliced Beef with a touch of garlic, baby corn, broccoli, carrots, green beans, pineapple, and Udon Noodles topped with Sesame Sauce. (480 cal.) Created by Dan Dipert Career and Technical Center students Jasmine Anderson, Kaleb Brown & Trevor Schappaugh



GENGHIS JR. BOWL THIS ONE GETS AN A+

Meatballs seasoned with garlic and black pepper, corn, broccoli, tomatoes, carrots, pineapple, basil, Kid Approved Roasted Garlic Sauce and Spiral Pasta. (540 cal.)

Created by Gene Burton College and Career Academy students Anne Keener, Natalie Vickers & Sydney Jorif

MONGURRITO A KID-APPROVED FUSION SURE TO DELIGHT

Korean BBQ Pork, green bell pepper, cabbage,

zucchini, pineapple, cilantro, garlic and ginger water. Served with flour tortillas. (340 cal.)

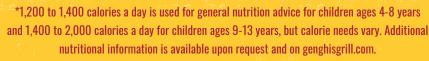
> Created by Ben Barber Innovation Academy students Kelsyn Hart, Candice Jones & Taylor Givens



BEVERAGES

All kids meals include choice of beverage with free refills.

MILK (110 CAL.) CHOCOLATE MILK (210 CAL.) APPLE JUICE (80 CAL.) CRANBERRY JUICE (90 CAL.) ORANGE JUICE (120 CAL.) PINEAPPLE JUICE (90 CAL.) COCA-COLA (60 CAL.) DIET COKE (0 CAL.) DIET COKE (0 CAL.) SPRITE (60 CAL.) DR PEPPER (70 CAL.) MINUTE MAID LEMONADE (80 CAL.)





- 1. Go to www.kids-teaching-kids.com/gift
- 2. Complete online form
- 3. Your gift will be mailed to you!

kids-teaching-kids.com | MedicalCityChildrensHospital.com | GenghisGrill.com

Individual items and meals provided by Genghis Grill were reviewed by a Medical City Children's Hospital Registered Dietitian using Nutribase software. The accuracy of the information is an approximation and may vary due to several factors including, but not limited to, change in ingredients and product information. Medical City Children's Hospital is not responsible for such variations, or the quality or content of the meals served.

CREATED FOR KIDS, BY KIDS!









FOR KIDS 11 AND UNDER