

Kids Fit Menu!

For kids 12 and under
Featuring 2 servings of fruits and vegetables

Meals include Fruit Punch 100% juice box

❑ **MAC ATTACK with Mango Taco**

Queso Mac & Cheese with black bean salsa, your choice of shredded chicken or special ground beef and shredded cheese. Served with a sweet pancake shell filled with grilled mango, cinnamon, whipped cream.

❑ **7-LAYER TACO BOWL with Chocolate Mango Tango**

Layers of shredded lettuce, mix-mex rice, black beans, corn, choice of taco meat or shredded chicken, topped with tomatoes, drizzled with queso. Served with chips and a Chocolate Mango Tango cup - grilled mango, cinnamon, chocolate syrup, whipped cream and oreo churro dipper.

❑ **SUNSHINE BREAKFAST TACOS with Cherry-Orange Cup**

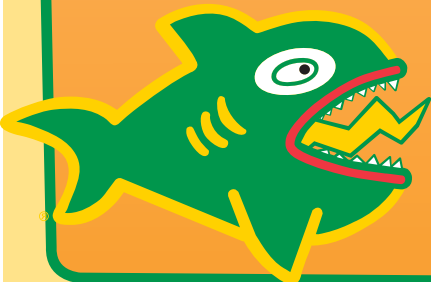
Breakfast tacos - scrambled egg, bacon, cheese, fajita veggies and latin potatoes between corn tortillas. Served with a cherry-orange cup.

Meet the Chefs!

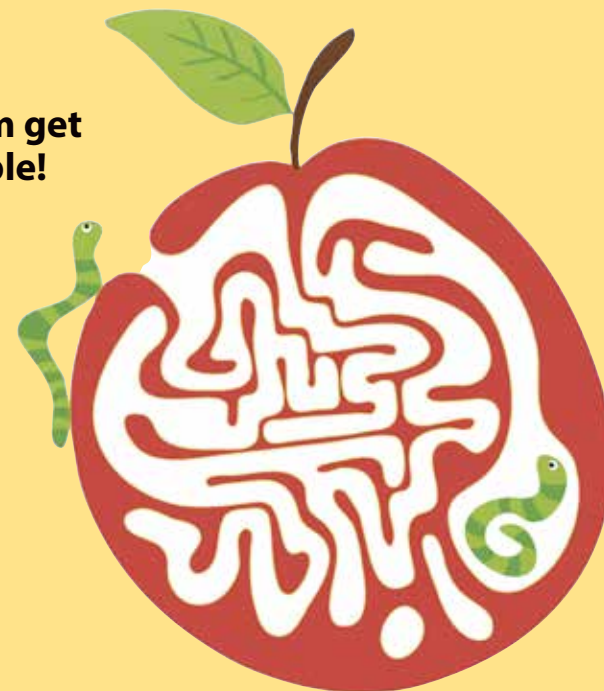
Medical City Children's Hospital and Fuzzys Taco Shop have teamed up to build a Kids Fit Menu using recipe creations from Texas ProStart culinary students. To learn more, go to www.kids-teaching-kids.com

Mac Attack, Mango Taco
Fatima Olalde, Jessica Servin - South Hills HS, Fort Worth ISD

7-Layer Taco Bowl/Chocolate Mango Tango
Sunshine Breakfast Tacos/Cherry-Orange Cup
Cielo Cardona, Rhonda Ontiveros - Birdville Center of Technology & Advanced Learning



Help the worm get out of the apple!



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Medical City Children's Hospital
Attn: City Kitty Club
7777 Forest Lane
Dallas, TX 75230

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Disclaimer: Individual items and meals provided by Fuzzys Taco Shop were reviewed by a Medical City Children's Hospital Registered Dietitian using Nutribase software. The accuracy of the information is an approximation and may vary due to several factors including, but not limited to change in ingredients and product information. By mailing in for the free gift you agree to opt-in our newsletter.